

**INFORMATION REGARDING ADULT CLIENT OR PARENTS OF A CHILD CLIENT**

*To be completed by every person seen who is age 17 or older, whether or not the individual is the identified patient;  
Is to be completed by parent/custody-holder of any child or teenager who is seen, about self (not about child).*

*In order for your therapist to be most helpful, it is necessary that you supply him/her with a substantial amount of personal information. Please provide as much of the following information about yourself and your family as you are comfortable with sharing. This information is strictly confidential.*

Full, Legal Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Complete Address \_\_\_\_\_ Current Age \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Check: Male \_\_\_\_\_ Female \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Ph \_\_\_\_\_

Work Phone \_\_\_\_\_ Spouse/Partner's Work Phone \_\_\_\_\_

Please circle Marital Status: Never Married Married Separated Divorced Widowed Living with someone

If Married, Spouse's Name: \_\_\_\_\_ Date Married: \_\_\_\_\_

Number Times You Have Been Married: \_\_\_\_\_ Number Times Your Spouse/Partner Has Been Married: \_\_\_\_\_

Please list all of the persons who live with you, their relationship to you, and their approximate ages \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Who Can Be Contacted in Case of Emergency \_\_\_\_\_ Relationship to You \_\_\_\_\_

His/Her Phone(s) \_\_\_\_\_ City/State \_\_\_\_\_

Your Occupation \_\_\_\_\_ Employer: \_\_\_\_\_

Usual Work Hours: \_\_\_\_\_ Approximate Annual Yearly Income: \_\_\_\_\_

Length of Time at This Job: \_\_\_\_\_ Circle Level of Job Satisfaction: Excellent Good Okay Fair Poor

Spouse's Occupation \_\_\_\_\_ Employer: \_\_\_\_\_

Usual Work Hours: \_\_\_\_\_ Approximate Annual Yearly Income: \_\_\_\_\_

Length of Time at This Job: \_\_\_\_\_ Circle Level of Job Satisfaction: Excellent Good Okay Fair Poor

Circle all that Apply: Retired Unemployed On medical, family, or other leave from work Seeking employment

Are you (or minor child) on Disability? \_\_\_\_\_ Seeking Disability? \_\_\_\_\_ Planning to seek Disability? \_\_\_\_\_

Level of Education Completed (Circle): Grade 1 2 3 4 5 6 7 8 9 10 11 12 College: 1 2 3 4 Graduate Level

Level of Education Spouse Completed: Grade 1 2 3 4 5 6 7 8 9 10 11 12 College: 1 2 3 4 Graduate Level

List your children and their ages if different from the persons listed above who live with you \_\_\_\_\_

\_\_\_\_\_  
***Over, Please!***

Nationality or cultural group? \_\_\_\_\_ Who referred you to Cross Keys? \_\_\_\_\_

Circle your therapy preference: Individual Couple Entire Family Parent(s) & Child/Teen Group Mixture Unsure

Approximately how many sessions do you think may be needed? \_\_\_\_\_

Please give a brief explanation of your problem situation: \_\_\_\_\_

Are you or a family member experiencing suicidal feelings? \_\_\_\_\_ If so, who? Please explain the frequency and severity of these feelings: \_\_\_\_\_

Have you or any member of your family ever attempted or completed suicide? \_\_\_\_\_

List any medications taken, the dosage, when taken, what each one is for, and the name of the prescribing physician. It is often important that your therapist know *what medications are in your household. Use an extra sheet of paper, if needed.*

Self \_\_\_\_\_

Spouse \_\_\_\_\_

Child/Teenager \_\_\_\_\_

Have you sought counseling before? \_\_\_\_\_ If so, approximately when, whom did you see, and for about how many sessions? Was it helpful? \_\_\_\_\_

Have you or has any member of your family been hospitalized for emotional reasons? Please explain: \_\_\_\_\_

Is there any physical violence or other abuse in your home, or do you fear that violence may occur? Please explain. \_\_\_\_\_

Do you prefer Christian counseling? \_\_\_\_\_ Do you feel a need for help with spiritual matters? \_\_\_\_\_

Which of the following best describes your religion? (Circle) Atheistic Agnostic Christian Muslim Jewish Other

Church member? Where? Circle: \_\_\_\_\_ Active or Inactive? Leader?

Which best describes your spouse's/mate's religion? (Circle) Atheistic Agnostic Christian Muslim Jewish Other

Church member? Where? Circle: \_\_\_\_\_ Active or Inactive? Leader?

Who is the primary client's family physician? \_\_\_\_\_ Approximate date last seen: \_\_\_\_\_

Have you seen any mental health specialist within the last year? \_\_\_\_\_ If so, whom? \_\_\_\_\_

**IF YOU ARE A PARENT BRINGING YOUR MINOR CHILD (UNDER AGE 18) FOR COUNSELING, PLEASE ALSO COMPLETE THE "INFORMATION REGARDING YOUR CHILD" FORM. THANK YOU.**

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of person completing form